

Troop 1 Kingston, RI

Life to Eagle Advancement Guide



Scout Name: _____

I turn 18 years old on: _____

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Introduction

This document is intended to accompany the official BSA Boy Scout Requirements in obtaining the rank of Eagle Scout. **No one can add or subtract from the Boy Scout Requirements and BSA Eagle Scout Rank Requirements supersede this publication.**

Don't go it alone... You are not expected to complete the Life-to-Eagle journey alone. Troop 1 Kingston has volunteers who act as *Eagle Coaches* to assist you with each step of the process. Your Eagle Coach will not complete the work for you, but they will guide you down the correct path.

Parents are welcome to participate in the project, but should not direct or lead. Offer guidance, suggestions and motivation to your son. Reach out to anyone on the Eagle Coach committee for assistance.

Resources

Where matters of policies and procedures are concerned, this document and the Eagle Coach Committee rely on the official BSA Eagle Scout rank requirements and project workbook. Editions change frequently so please check the Official BSA Website to ensure you are using the latest edition.

Step 1: Obtain a three ring binder with pockets to store loose papers. Print the cover sheet and all documents noted below, three-hole punch and place all documents in binder:

Eagle Rank Requirements:

<http://www.scouting.org/scoutsource/BoyScouts/AdvancementandAwards/eagle.aspx>

Eagle Scout Leadership Service Project Workbook: You MUST use latest version.

http://www.scouting.org/filestore/pdf/512-927_fillable.pdf (Check for updates)

Obtain BSA online Eagle Packet: Download all 7 documents found at:

<http://www.narragansettbsa.org/openrosters/ViewOrgPageLink.asp?LinkKey=38832&orgkey=1213>

Obtain Troop's Life to Eagle guide: "Troop1 Kingston, Lift to Eagle Advancement Guide"

<http://www.troop-1-kingston.org/>

Narragansett's Life to Eagle Packet 12 Steps to Eagle "The Last Step".

<http://www.narragansettbsa.org/openrosters/docdownload.aspx?ID=87497>

Eagle Coach Committee

Neil Ross (Chair)	401-782-2116	neilross@cox.net
Mike Marran	401-783-4949	mmarran@cox.net
Scott Alemany	401-294-5892	aleman34@cox.net
Dave Hempe	401-782-2541	dhempe2000@yahoo.com
Jim Sheehy	401-789-0769	jim.sheehy@cox.net
Tom Filiberto	401-789-2216	tfiliberto@cox.net

Eagle Coach Assignment: Life Scouts are assigned an Eagle Coach by the Scoutmaster and Committee Chair shortly after they have received the Life Rank. Once assigned, the Life Scout will receive the Coaches contact information. It is the responsibility of the Life Scout to initiate the first contact with the Eagle Coach and discuss the steps from Life Scout to Eagle Scout.

The first meeting between the Eagle Coach and Life Scout may cover the following topics:

1. Introductions
2. Overview of process
3. Project time-specifically expectations on reaching Eagle prior to 18th birthday.
4. Open communication with Eagle Coach



You must finish all requirements prior to your 18th birthday.

Merit badges, badges of rank, and Eagle Palms may be earned by a registered Boy Scout.

The completed eagle application with all signatures must be completed and submitted to Council BEFORE your 18th birthday, without exception.

Merit Badge List

Eagle Scouts must earn a minimum of 21 merit badges, including the ones found on the list below. Request a copy of your merit badge record from the advancement chair. Record the date earned or target date next to each badge:

Required Badges	Date Earned	Target Date	Merit Badge #
Camping			1
Citizenship in the Community			2
Citizenship in the Nation			3
Citizenship in the World			4
Communications			5
Environmental Science			6
Family Life			7
First Aid			8
Personal Fitness			9
Personal Management			10
Swimming OR Hiking OR Cycling*			11
Emergency Preparedness OR Lifesaving*			12

*You may count only one merit badge for the badges in each group. If you have earned all badges in a group, choose one and list the remaining badges as alternate merit badges.

Alternate Merit Badges	Date Earned	Target Date	Merit Badge #
			13
			14
			15
			16
			17
			18
			19
			20
			21
		Towards Bronze Palm	22
		Towards Bronze Palm	23
		Towards Bronze Palm	24
		Towards Bronze Palm	25
		Towards Bronze Palm	26
		Towards Gold Palm	27
		Towards Gold Palm	28
		Towards Gold Palm	29
		Towards Gold Palm	30
		Towards Gold Palm	31
		Towards Silver Palm	32
		Towards Silver Palm	33
		Towards Silver Palm	34
		Towards Silver Palm	35
		Towards Silver Palm	36
			37
			38
			39
			40

Step by Step Guide

The process outlined should be followed in order; however multiple steps can be completed at the same time. **No physical work can begin on a project until the Council signatures have been obtained on the approved proposal.**

1. Review steps to become an Eagle:

- a. **Life Scout** to contact Troop Advancement Chair and request a copy of your merit badges/position of responsibility. Allow at least one week to receive this report. Troop 1 Kingston Advancement Chair: Debra Jennings, 401-523-0285, debi.jennings@verizon.net
65 Punch Bowl Trail, West Kingston, RI 02892
- b. Merit Badge Review-Minimum of 21 merit badges, 12 of which must be Eagle Required.
- c. Leadership Requirements-Active leadership position within troop for 6-months as Life Scout
- d. Participation Requirements-Active in Troop and patrol for 6-months:
- e. Project Requirements-An Eagle project must benefit a non-profit organization or your community. It cannot benefit a business or an individual, it cannot be a fundraiser, nor can it benefit Boy Scouts of America. Review the list of local non-profit organizations that the Troop has done projects for in the past, or you may have thought of one on your own. (See page 7)
- f. Refer to the **Troop 1 Kingston Policy and Procedure Manual** and BSA Eagle Scout Requirements for further information.

2. Select project idea: (See page 7 for sponsor list and links to ideas)

- a. Discuss your project ideas with your Eagle Coach. Once you've decided on one, the Eagle Coach will submit your idea to the Eagle Coach Committee for conceptual approval.
- b. Upon approval of the concept, Life Scout to make initial contact with benefiting organization to ensure that everyone understands the project's goals, timeline and funding.

3. Record proposal in official workbook:

- a. After agreement from the benefiting organization, you may begin to record your proposal in the official **Eagle Scout Service Project Workbook**. (Page 7). Your proposal begins on Page 8, **Eagle Scout Service Project Proposal**. Follow instructions in workbook and answer questions in each section.
- b. Life Scout to provide finished proposal to Eagle Coach for editing suggestions.
- c. Eagle Coach to email document to Eagle Coach Committee members for comments and/or changes.
- d. Make recommended changes, prepare for presentation to committee.

4. Proposal presentation:

- a. The Life Scout will present to the Eagle Coach Committee. Eagle Coach will set the meeting date and time.
 1. Bring Eagle Project Workbook for signatures.
 2. Full dress uniform
 3. Practice your presentation. Know your project well enough to verbally explain.
 4. Bring enough copies for everyone on the committee (5 +)

5. Obtain signatures required for proposal:

- a. Once Life Scout is given approval to proceed, Life Scout will obtain the following signatures in the workbook:
 1. **Unit Leader** (Scoutmaster)
 2. **Unit Committee** (Committee Chair)
 3. **Beneficiary** (Sponsoring organization)
 4. **District** William Follett, Old Biscuit City Rd, Kenyon, RI, 401-364-3322



**PHYSICAL WORK CANNOT BEGIN ON PROJECT
UNTIL ALL SIGNATURES ARE RECEIVED!**

6. Eagle Scout Service Project Final Plan:

- a. Pages 11-17 of the workbook are very helpful in detailing the plan to complete a successful project, however this is optional.
- b. It is suggested that each Scout record the information in this section to use it as a “blueprint” for your project.
- c. Some beneficiary’s may need you to prepare a budget for the project and this is included in pages 11-17.
- d. The Final Plan does not require any signatures. it is a tool to aid the Scout in completing a successful project. Your Eagle Coach is available to assist should you choose to complete it.

7. Begin project:

- a. To avoid conflicts with other projects, Troop events etc. all work dates **must** be pre-approved by the Scoutmaster. Contact Scoutmaster with proposed dates prior to making any public announcements, etc.
- b. Create flyers/sign-up sheets to be distributed at Troop meetings.
- c. Contact local news outlets and community websites to get the project recognized.
- d. Bring a camera to record progress during project.
- e. Be sure to keep a detailed log of the names of Scouts and non-Scouts who worked on the project, the project dates and hours worked each day. (required for Eagle Scout Service Project Report)
- f. Record (in a notebook) what you did each day so you can summarize it in your Eagle Scout Service Project Report. Keep track of any changes to your original proposal.
- g. **The Life Scout is the person in charge of the project and should direct all activities.** It’s your time to shine!

8. Finish project, complete Eagle Scout Service Project Report.

- a. Complete the project and ask beneficiary to review.
- b. If any additional work still needs to be done, consult with your Eagle Coach and beneficiary so that the work is done to the beneficiaries’ satisfaction. Remember: you are representing BSA and the Troop.
- c. Record the **Eagle Scout Service Project Report**, beginning on page 19. Follow instructions in workbook and answer questions in each section.
- d. Review completed report with Eagle Coach who will approve when the work is satisfactory.
- e. Obtain Beneficiary and Unit Leaders signatures on completed report, page 20.

9. Request 3 Letters of recommendation

- a. The Eagle Application requires six personal references, (five if you are not employed). Three references will need to write letters of recommendation to support your Eagle application.
- b. Download the latest version of the reference letter request from the BSA Narragansett Council website: <http://www.narragansettbsa.org/openrosters/docdownload.aspx?ID=87498>
- c. Contact the people you would like letters from explaining they will receive a letter asking them to provide a letter of recommendation for you. Consider people who know your scouting values. Examples: Teachers, church officials, (a parent can be used as your religious leader), a person who you’ve done volunteer work for, adult family friend, work boss, organization leader, or troop committee person etc.
- d. Send or deliver the appropriate Eagle Reference Letters and give the person a response due date. With each letter, provide a stamped envelope addressed to your Scoutmaster or Eagle Coach and on the front of the envelope. Write on the front of the envelope “Reference letter, Your Name, School”, etc. so that the envelopes can be identified without having to be opened.
- e. These letters MUST be submitted with your Project Workbook at the final review.

10. Write personal ambition & life goals

- a. **Write a Statement of Life’s Ambitions-** This is a very personal item and there is no minimum requirement for length. The intent is for you to think about what you have done in your life up to now and what you are going to do in the future. See Eagle Application for suggestions on content.

11. Eagle application completed & reviewed

- a. Using the record provided by Troop’s Advancement Chairperson, record the application in full. Application needs to be signed by Scout, Unit Leader and Unit Committee Chair before processing.
- b. Include letters of recommendation, life ambitions, and Official Eagle Scout Project Workbook with packet.

12. Scoutmaster conference

- a. Request a Scoutmaster Conference
- b. Bring completed packet as outlined in Step 11 to conference.

13. Scout takes application package to Council store

- a. Make a copy of your completed packet.
- b. Submit entire signed application as outlined in Step 11 to Council Store **before 18th birthday** ←

14. Application processing

- a. Council reviews application and records for completeness and accuracy
- b. If approved Council sends Eagle packet to District Advancement Chair to schedule a board of review.
- c. If not approved, any corrections must be made and resubmitted.

15. Eagle Board of Review

- a. The Scoutmaster and District Advancement Chair will set the Board of Review date.
- b. Bring extra copies of the Official Eagle Scout Project Workbook and your submitted packet.
- c. Be sure to arrive in full dress uniform, including your merit badge sash, Order of Arrow, Troop neckerchief and your Scout Handbook.
- d. Boards of Review can be held after your 18th birthday, see Scoutmaster for details.

16. Set date for Court of Honor

- a. CONGRATULATIONS, you have made the rank of Eagle!
- b. Contact your Scoutmaster for discussion on resources available to assist with planning the Court of Honor.



17. Eagle Court of Honor planned

- a. Plan and carry out your Court of Honor

Notes:

18. Eagle Palms: After becoming an Eagle Scout, you may earn Palms by earning additional merit badges over and above the 21 required for Eagle. Most Scouts are eligible for palms with the number of merit badges earned throughout their Scout career and time with the Troop. See official Rank Requirements for earning Palms.

EXAMPLES OF LOCAL SOUTH COUNTY EAGLE PROJECT SPONSORS

<i>Potential Sponsors</i>	<i>Project Areas</i>	<i>Contact Person</i>	
Animal Rescue League of Southern RI	Animal shelter grounds	Ruth Gobeille, Executive Director	792.2233
Animal shelters, town & private	Help at shelters	Every town	
Audubon Society of RI	Various land in South County	Director	949-5454
Christ The King Church	Buildings and grounds	Father Joe Creedon, Priest	783-7459
Friends of the Kingston Railroad Station	RI Railroad Museum & RR station	Dr Frank Heppner	789-3327
Girl Scouts of RI	Camp Hoffman		
Great Salt Pond, SK & Narragansett	Ecology projects	Prentiss Stout, educator	783-0938
Habitat for Humanity, South County RI	Various projects	Lou Rayment, Executive Director	213-6711
Jonnycake Center	Various store projects	Director, Susan Gustaitis	789-1559
Kingston Congregational Church	Buildings and grounds	Rev. Patricia Liberty, Minister	783-5330
Kingston Fire District	Public education	Elizabeth McNab, President	789-9131
Kingston Improvement Association	Potter Woods, Biscuit City Pond, Helme House	President	
Kingston Water District	Bicycle trail from Biscuit City	Henry Meyers, Manager	783-5494
Narrow River Preservation Association	Narrow River lands, SK & Narragansett	President	783-6277
Nature Conservancy of Rhode Island	Various land	Director	331-7110
North Kingstown, Town of	Various projects & parks	Manager, Parks & Recreation	294-3331
Other churches & synagogs	Various projects	Pastor, Rabbi, Priest	
Peace Dale Congregational Church	Buildings and grounds	Rev. Paul Bizer, Minister	789-7313
Pettaquamscutt Historical Society	Old Washington County Jail & Hale House	Lori Urso, Director	783-1328
RI Dept. Environmental Management	Great Swamp Management Area	Fish & Wildlife staff	789-7481
RI Historical Cemetery Commission	Old cemeteries all around our state	Evelyn Wheeler, Commissioner	789-3503
RI National Guard			
Save The Bay	Various coastal projects	Project staff	272-3540
Seabee Museum, Quonset	Memorial park grounds	Debbie Sprengel, VP	885-8263
SK Land Trust (<i>owns our Scout land</i>)	Biscuit City Pond & many properties in SK	Clarkson Collins, Director	789-0962
SK Libraries	Various projects	Librarian	
SK Parks & Recreation	Bicycle & pond trails, town parks	Recreation Director, Rex Eberly	789-9301
SK Police & Rescue	Stone walls	Vincent Vespia, Chief	783-3321
SK School Department	Various school projects	Principals, Superintendent	
South County Museum	Various projects	Jim Crouthers, Director	783-5400
St. Dominic Savio Boys Center	Land	Director	783-4055
Tavern Hall Preservation Society	Club property & building	Ted Jakubowski, past president	783-8848
Tefft Hill Family Park Association	Cemetery & farm land	Laurie Houghton	
University of Rhode Island	Various land		
US Fish & Wildlife Service	Trustom Pond National Wildlife Refuge	Manager	364-9124
Welcome House of South County	homeless shelter	Megan Burke	782-4770
YMCA Camp Fuller	Summer camp on Salt Pond	Camp Director	783-5359
YMCA of South County	Various land & sports fields	Director	783-3900

For additional project ideas visit:

<http://www.boyscouttrail.com/projects.asp>

<http://www.boyscouttrail.com/boy-scouts/eagle-scout-projects.asp>

<http://www.scoutorama.com/project/>

<http://www.eaglescout.org/project/select.html>

<http://www.kingswoodumc.org/troop477/eagleprojects.htm>

http://www.ehow.com/info_8142208_eagle-scout-project-ideas.html

<http://www.troop160.org/eagleprojects.htm>

<http://www.scatacook.org/EagleProjectLinks.htm>

http://sandy.utah.gov/fileadmin/downloads/comm_dev/applications_forms/general/EAGLE%20SCOUT%20PROJECTS%2011.2010.pdf